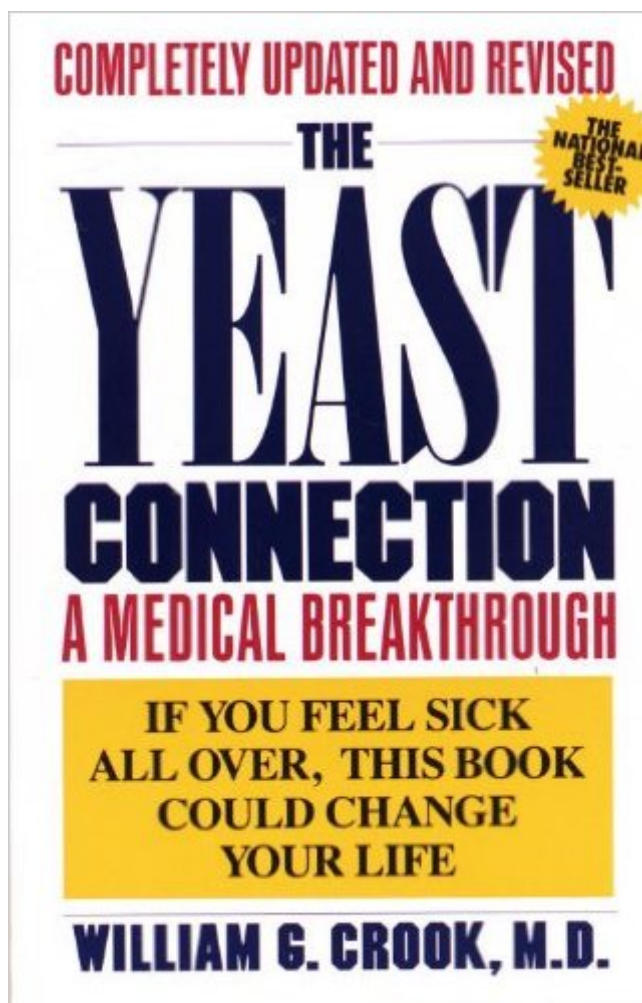


The book was found

The Yeast Connection: A Medical Breakthrough



Synopsis

An in-depth guide to those health problems in people of all ages and sexes that can be traced to sensitivity to the yeast germ candida albicans.

Book Information

Paperback: 434 pages

Publisher: Vintage Books; Upd Rev Su edition (September 12, 1986)

Language: English

ISBN-10: 0394747003

ISBN-13: 978-0394747002

Product Dimensions: 5.2 x 0.9 x 8 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ Â See all reviewsÂ (112 customer reviews)

Best Sellers Rank: #53,151 in Books (See Top 100 in Books) #4 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Candida #18 inÂ Books > Health, Fitness & Dieting > Nutrition > Food Allergies #24 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies

Customer Reviews

This book and it's companion cookbook literally saved my life, after years of getting no help ~ or getting sicker ~ from the established "medical profession." I changed my diet and in three days the pain disappeared, and a week later I tossed away my cane and bounded up the stairs. I couldn't believe it, it was a miracle. I still can't believe it; all because of changing the foods I ate. Now, years later, when I go off the no-sugar, no yeast diet, the pain and stiffness and depression returns and I have to stop and think... ahhh, I've been eating sugar = candida yeast infection! So back I go and all is well. This change in eating habits has saved untold thousands of people like me from suffering and pain and "given us our lives back." Why don't doctors tell us? I will never understand this. How did I hear about this book & the problem of candida yeast infection? Three friends, from different parts of the country, told me about it, and I visited a nutritionist who backed up everything Dr. Crook says in the book. Et Voila! I was cured. It is very hard at times not to feel great bitterness towards the "regular doctors" who wasted my time and money, and left me suffering for so many years, yet who have little or no training in basic nutrition. It is not this way in Europe; here they seem to know only how to prescribe surgery or useless medications, some of which made me sicker, but I have to continue to remind myself that this is the training of the AMA. I hope things change, and soon. In the

meantime, a note of importance: I developed the initial candida yeast infection while drinking "100% pure fruit juice." I drank it all day or night long, for three years, sitting in front of my computer working. I was a computer programmer at the time.

[Download to continue reading...](#)

The Yeast Connection and Women's Health (The Yeast Connection Series) The Yeast Connection Cookbook: A Guide to Good Nutrition, Better Health and Weight Management (The Yeast Connection Series) The Yeast Connection Handbook: How Yeasts Can Make You Feel "Sick All Over" and the Steps You Need to Take to Regain Your Health (The Yeast Connection Series) Tired--So Tired! and the Yeast Connection (The Yeast Connection Series) The Yeast Connection: A Medical Breakthrough Beyond the Yeast Connection: A How-To Guide to Curing Candida and Other Yeast-Related Conditions The Yeast Syndrome: How to Help Your Doctor Identify & Treat the Real Cause of Your Yeast-Related Illness The Candida Albican Yeast-Free Cookbook : How Good Nutrition Can Help Fight the Epidemic of Yeast-Related Diseases The Yeast-Free Kitchen: Recipes to Help You Achieve Victory over the Yeast-Beast, Candida Albicans The Yeast Connection and Women's Health The Yeast Connection Cookbook: A Guide to Good Nutrition and Better Health Chronic Fatigue Syndrome and the Yeast Connection: A Get-Well Guide for People With This Often Misunderstood Illness--And Those Who Care for Them Yeast Connection Handbook The Blueberry Connection: Blueberry Cookery with Flavor, Fact and Folklore (Connection Cookbook) The Patient's Medical Journal: Record Your Personal Medical History, Your Family Medical History, Your Medical Visits & Treatment Plans The Cox-2 Connection: Natural Breakthrough Treatments for Arthritis, Alzheimer's, and Cancer What Customers Want: Using Outcome-Driven Innovation to Create Breakthrough Products and Services: Using Outcome-Driven Innovation to Create Breakthrough Products and Services The New Arthritis Breakthrough: The Only Medical Therapy Clinically Proven to Produce Long-term Improvement and Remission of RA, Lupus, Juvenile RS, ... & Other Inflammatory Forms of Arthritis The Science of AHCC: Japan's Medical Breakthrough in Immunotherapy The Art of Baking with Natural Yeast: Breads, Pancakes, Waffles, Cinnamon Rolls and Muffins

[Dmca](#)